

American College of Endocrinology Guidelines for Glycemic Control

	A1C	2-hour	Fasting
Target Goal	≤6.5%	<140 mg/dL	< 110 mg/dL

American College of Endocrinology Consensus Conference on Guidelines for Glycemic Control, *Endocrine Practice*, Vol 8 (Suppl 1) January/February 2002.

Relationship between Average Blood Glucose and A1C

Average Blood Glucose	Corresponding A1C (%)
90 mg/dL	5.0
105 mg/dL	5.5
120 mg/dL	6.0
135 mg/dL	6.5
150 mg/dL	7.0
165 mg/dL	7.5
180 mg/dL	8.0
195 mg/dL	8.5
210 mg/dL	9.0
225 mg/dL	9.5
240 mg/dL	10.0
255 mg/dL	10.5
270 mg/dL	11.0
285 mg/dL	11.5
300 mg/dL	12.0
315 mg/dL	12.5
330 mg/dL	13.0
345 mg/dL	13.5
360 mg/dL	14.0

Source: DCCT Research Group. *Diabetes Care* 1987, 10:1-19.